



Madukkakuzhy Ayurveda

Ayurveda Rejuvenation therapy – 7N

Ayurveda is said to have come from the God of Creation, Brahma, in Indian mythology. According to Hindu mythology, Brahma wishes to give the gods a glimpse of Ayurvedic knowledge in order to lessen the pain of his creation. The diagnosis and selection of herbal treatments are key components of the success of ayurvedic treatment. The Ayurvedic method acknowledges the basic significance of assessing a patient through direct observation. Treatment should start as soon as the imbalance in doshas is identified as the diagnosis. To correct the doshic imbalance faults, ayurvedic therapy begins with minor lifestyle and dietary changes. Every treatment plan is carefully tailored to each patient's specific requirements, taking into account their lifestyle, body, and any particular health issues.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



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Madukkakuzhy Ayurveda

Ayurveda Rejuvenation therapy – 7N

Single - Euro 699

Double - Euro 1098

Ayurveda Rejuvenation therapy – 14N

Single - Euro 1397

Double - Euro 2195

nts, taking into account their lifestyle, body, and any particular health issues.

Inclusions:

- 🌿 Doctor consultation.
- 🌿 2 ayurveda treatment /day (morning – major treatment of 60 min and evening minortreatment of 20-30 min)
- 🌿 Medicines during the treatment.
- 🌿 Accommodation.
- 🌿 Yoga
- 🌿 Full board vegetarian meals as per the diet prescribed by the doctor.

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